

不良於行卻為同路人謀出路 腦麻痺症患者的高低起跌

The Bumpy Road of a Cerebral Palsy Patient's Quest to Help Fellow Disabled People

Heartrip - Vincent Li

撰文 當文尼



深水埗這個龍蛇混雜的鬧市，記錄了很多香港人奮鬥的故事，也記錄了香港最市井的一面。患腦麻痺症的李博（Vincent）不良於行，過去曾經常在這個車水馬龍的地方帶導賞團，在大街小巷中穿梭。他在舉步為艱下，終於走出了一條自己的路來。

讀書到創業，失敗到回流，再讀書再創業，這就Vincent三十五年來的經歷。人生路上，高低起跌，伴隨他的卻是先天性腦麻痺症，讓他走過每一段路時，更辛酸、更艱難。自言自悲了二十多年的他，穿過低谷，終於找到一條合適的路——創立社企「心歷遊」，辦導賞團為遊客帶路，更為殘疾人士謀求職場出路。

A rougher part of town, Sham Shui Po is where many Hongkongers start from nothing. This area shows the most down-to-earth side of the city. This is also where Vincent, a cerebral palsy patient, conducts guided tours, overcoming his limited mobility. It was tough, but he managed to make his own way.

Vincent, 35, has quite a complicated resume: from school to start-up, failure to relocation, re-schooling to another start-up. Along the bumpy road, the one consistency in his life has been cerebral palsy, always making everything harder for him. After struggling in misery for 20 years or so, he eventually found the right path for himself: setting up the social enterprise "Heartrip", which offers guided tours while providing a career for the disabled.

曾派兩年傳單 隱瞞家人稱做文職

腦麻痺症讓Vincent全身肌肉繃緊，不良於行，雙手不太靈活。雖然上天未有賜他健全身軀，但贈送他自信和口才，及倔強性格，成就他「八足咁多爪」。

回想當初，Vincent只完成一半副學士課程下，毅然放棄學業，隻身跑回家鄉西安創業。「計計數，賺錢好像更好。」不過好景不常，創業夢碎，他只好回港打工，卻因先天條件問題，「口齒不清，走路如跳舞」，面試幾次也失敗而回。最終家住元朗的Vincent，決定到黃竹坑派傳單，一派便派了兩年多。

「我告訴家人我做文職工作。」當年港鐵南港島線尚未開通，每天Vincent需轉乘巴士，在香港仔隧道出出入入。除了怕家人擔心，他說：「更害怕的是怕被熟人看到。」派傳單工作讓他儲下少許積蓄，兜兜轉轉後，最終他選擇回到校園，重讀副學士課程。

「不要批評得這麼囂張，你也要給別人成長空間。」

學懂放下 人生走上轉捩點

畢業後加入「對話體驗」實習計劃，Vincent的人生路才像撥開了迷霧。「在這裡我認識了很多很厲害的disabled（殘障人士）。」Vincent形容，有些同事們雖然失明，但能夠做到很多事。當中最令他印象深刻的，是一名女子因病全身乏力，需靠輪椅出入，靠別人餵食，惟她每次外出時，都把儀容整理得很乾淨，做事十分仔細。這令Vincent自覺，「其實我也可以。」這裡的人和事，不但啟發了Vincent，更讓他開始接觸社企這條路。

Vincent後來加入社企「街坊帶路」參與產品開發，成長不少。他自豪說道，過去帶團中，大學生、教授等都是其坐上客，在深水埗他更留下不少「腳毛」。聽他娓娓道來當中的甜酸苦辣時，他突然引述一位前同事一番幽默對話：「不要批評得這麼囂張，你也要給別人成長空間。」這番話令Vincent發現，「這些年來忘記了，其實自己是disabled，也花了不少時間才成長起來」。

Giving out Leaflets for Two Years Behind His Family's Back

One of the symptoms of cerebral palsy is constantly tight muscles, which greatly reduces mobility and dexterity of the hands. But where Vincent is disadvantaged in mobility, he compensates with his gift in communication, confidence and perseverance, resulting in eclectic skills and experiences.

“I did the math and thought that working would be a better deal than continuing with my studies.” That was why Vincent dropped out of his associate degree programme and started a business in his family's hometown Xi-an. Unfortunately, it did not work out and he returned to Hong Kong to find a job. Due to his condition, he had no luck at interviews: “I murmur and walk like I am doing a

weird kind of dance.” He ended up handing out flyers for two years in Wong Chuk Hang despite living in Yuen Long.

“I told my family that I was working in an office.” The MTR South Island Line was not yet open back then, so Vincent had to take the bus every day, crossing several tunnels. The one thing that he feared more than his family worrying about him was getting spotted by friends. So, with the savings he accumulated from the job, he returned to the campus and resumed his associate degree programme.

The Turning Point Was Letting Go

Upon graduation, he joined an internship programme of “Dialogue Experience”, and it gave him a clearer vision in life. “I met a lot of





老闆的自白：是否我才是最大得益者？

Vincent後來創辦社企「心歷遊」，專門聘請殘疾人士，培訓他們成為導賞員，設計路線，帶團遊走社區。但他直言，現在另有一份保險全職工作，因為單靠社企維生，有一定經濟壓力，「雖然常常說好有意義，但生活怎辦呢？」身兼兩職的他不時感壓力，經常失眠，更自嘲遇上「中年危機」。

回望社企創業路，Vincent誠實的說：「自己好 guilty (愧疚)，因為發現這個計劃中，最大得益者其實是自己。」他坦言，計劃真正幫到的人很少，就連「一個由disabled主導的項目」的初衷，現在也需要妥協，自己卻從中賺取了知名度及人際網絡。

雖然計劃是為了提升殘疾人士的工作能力，增加日後轉入主流職場機會；但Vincent直言，很多員工的工作表現未如理想，他們都是以「參加興趣班」、「滿足家人」等心態工作，未能盡責、投入，履行承諾，「曾有人在出團前兩小時才說不上班」。他認為這反映了「同路人很怕承認（自己）『唔得』。」

這班「同路人」充滿Vincent過去的影子——害怕面對自己不足。Vincent亦深明這一點，若要打動他們，必須將心比心；他希望找到資金資助，在更多資源支持下，讓社企持續發展，花更長時間讓殘疾人士找到屬於自己的路。創業路走來不易，Vincent坦言「現在的確感到迷惘」，但不言敗的他亦正努力尋求可行出路。

extraordinary disabled people there.” His blind colleagues were able to do so much. One of the women had to travel on a wheelchair and be fed by others, but she looked immaculate every time she went out and paid great attention to details. Vincent remarked, “That was when I realised: if she can do it, so can I.” Who he met and what he saw at the place inspired Vincent and directed him towards social enterprises.

Later, Vincent joined a social enterprise “Kaifong Tour” and took part in product development. He takes pride in having secondary and university students as well as professors as guests. He came to know Sham Shui Po like the back of his hand. Recalling the joys and hardships, Vincent mentioned that an old colleague once joked, “Stand down and give others a chance.” “That’s when I realised that I had forgotten my disability, and also took a lot of time to grow up.”

Reflections of a Boss: Am I the One Benefiting the Most?

Later, Vincent founded “Heartrip” with a mission to train disabled staff to conduct and design tours in local communities. However, he also needs to work as a full-time insurance agent, as a social enterprise offers little financial security. “It’s a meaningful thing to do, but I need to think about my livelihood too.” Working two jobs is stressful and gives him insomnia. “It gave a mid-life crisis,” he joked.

Looking back, Vincent confessed, “I feel guilty as the number one beneficiary of the project.” While he himself has become well-known and built connections, the project has only benefited a limited number of disabled people. He also had to compromise on the initial vision of having a workplace lead by the disabled.

Despite the project’s aim to enhance the disabled’s skillsets and help them make it into the mainstream workplace, Vincent admits that many of the staff’s performance has been subpar. Some of them regard it as a pastime or a way to make their families happy, and lack the sense of responsibility, dedication and commitment. “One of the guides told me that he wasn’t coming to work just 2 hours before the tour was to start,” he recalled. “Maybe it shows how we disabled people are afraid of admitting failure.”

The fellow disabled workers remind Vincent of his old self, terrified to face their own insufficiencies. He hopes to influence them with understanding and empathy. With more funding, he would be able to continuously grow the organisation and give the disabled more time and space to find their own paths. It is not easy to be an entrepreneur and Vincent is open about his doubts and confusions, but he is working hard to find a way out and he is not ready to give up just yet.